



WEEK 2 | LIFE GROUP DISCUSSION QUESTIONS

CONNECT

- Finish this sentence; “My favorite way to waste time is...”

CONSIDER

- What encouraged or challenged you from the sermon and/or daily devotions this week?

CHRIST

- Read Psalm 139:1-6; 13-14 & 1 John 3:1 as a Group
- The lie “I am what I do” is that your identity is found in your work, position, title, or activity. If any of this is lost (job, promotion/demotion, kids growing up, health, retirement, etc...), your sense of self, purpose, or identity comes into question. **What do you learn from these verses about identity? What word or phrase resonates with you? Why?**
- Henri Noweun writes “You are not what you do, although you do a lot...All these things that keep you quite busy, quite occupied, and often quite preoccupied are not telling the truth about who you are. I am here to remind you in the name of God that you are the Beloved Daughters and Sons of God, and that God says to you, “I have called you from all eternity and you are engraved from all eternity in the palms of my hands. You are mine. You belong to me, and I love you with an everlasting love.”¹ **Why do we fall into the trap of believing that what we do is who we are? How does this quote and the truth of Scripture change the way you view yourself and the people around you?**
- From the sermon, Tim Foot suggested 5 trenches that we can dig in our lives to fill up with living water. **Which trench do you need to dig in your life right now? Why?**
 - **I am loved:** “See what great love the Father has lavished on us, that we should be called children of God! And that is what we are!” **1 John 3:1a (NIV)**
 - **I am released (from trying):** “And we know that in all things God works for the good of those who love him, who have been called according to his purpose. **Romans 8:28 (NIV)**
 - **I am special:** “But you are a chosen people, a royal priesthood, a holy nation, God’s special possession, that you may declare the praises of him who called you out of darkness into his wonderful light.” **1 Peter 2:9 (NIV)**

¹ Henri Noweun, *You Are the Beloved: Daily Meditations for Spiritual Living* (Convergent, 2017), 64.

5 LIES ABOUT OUR IDENTITY

IDENTITY THEFT

- **I am saved:** *“But because of his great love for us, God, who is rich in mercy, made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved.”*

Ephesians 2:4-5 (NIV)

- **I am destined:** *“But we are citizens of heaven, where the Lord Jesus Christ lives. And we are eagerly waiting for him to return as our Savior. He will take our weak mortal bodies and change them into glorious bodies like his own, using the same power with which he will bring everything under his control.”*

Phillipians 3:20-21 (NLT)

- **Read Luke 10:38-42 as a group.**
- Peter Scazzero writes, “But work for God that is not nourished by a deep interior life with God will eventually be contaminated by other things such as ego, power, needing approval of and from others, and buying into the wrong ideas of success and the mistaken belief that we can’t fail...We become human ‘doings’ not human ‘beings’”² **With the Scripture and quote in mind, how would you define the difference between human “doings” and human “beings”?**
- We often let the urgent take priority over what is truly important. **In what ways do you sometimes find yourself busy, distracted, and troubled like Martha?**
- We often know what things are truly important in our lives, but don’t do them. Mary chose to spend time being with Jesus, because she knew the significant difference it would make in her life. **Does your current schedule allow you to pursue what is most important in your life? Who or what do you need to give more time to? Who or what do you need to give less time to?**

CALLING

- If the lie we need to counteract is “I am what I do”, then where are you overdoing it? How can you begin slowing down this week? What habits and practices do you need to put in place to spend more time being with God?
- **Daily Devotions:** Spend 15 minutes each day with Northside devotions. Text JOINGOD to 81411 or use the Study tab in Northside’s App for Daily Devotions.
- **Memorize:** *“See what great love the Father has lavished on us, that we should be called children of God! And that is what we are!”* **1 John 3:1a (NIV)**
- **Further Study:** Read 1 Samuel 15:7-24. What do you learn about “doing” and “being” from this moment in the life of Saul? Far too often we relate to God while we are busily on the run, journal your thoughts on how busyness blocks you from listening to God.

² Peter Scazzero, *Emotionally Healthy Spirituality* (Zonderan, 2006), 32.